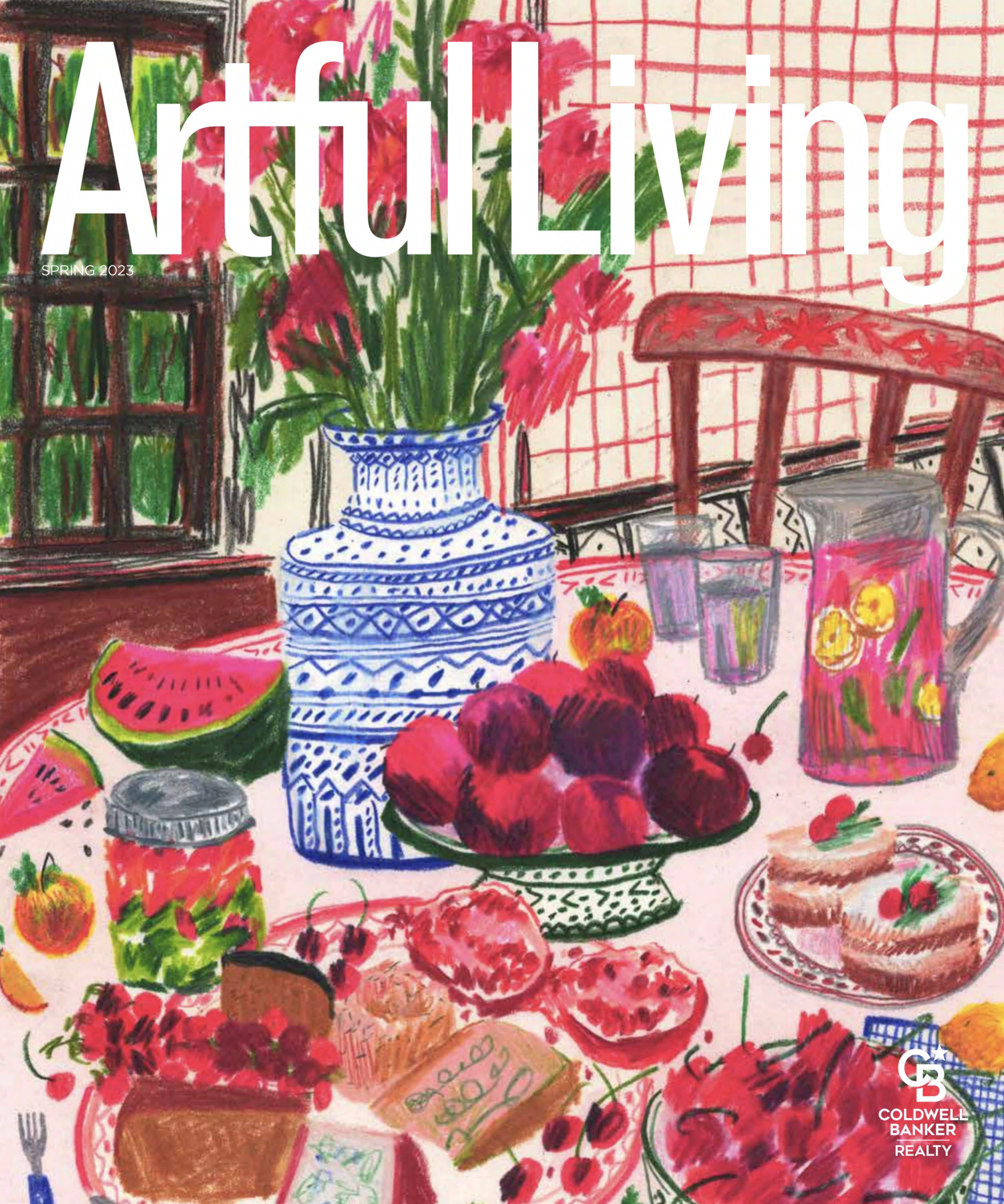


# Artful Living

SPRING 2023





## CHARLESTON

## TOUR

THE ARTFUL LIVING CITY GUIDE TO CHARLESTON.

BY AMBER GIBSON

*RICH COLONIAL HISTORY AND EVEN RICHER FOOD HAVE MADE CHARLESTON, South Carolina, a true American treasure. Buildings in the Holy City cannot exceed the tallest church steeple, so you'll find a demure skyline against a backdrop of sailboats and schooners in the harbor. Visitors can meander down cobblestone streets and peek through intricate wrought-iron gates into lush secret gardens. You can even tour some of these historic homes in spring during the month-long Festival of Houses and Gardens. King Street is the premier shopping destination here, with quintessential gifts like sweetgrass baskets, hand-painted oyster shells, cheese biscuits and benne wafers. And don't leave town without savoring low-country classics like she-crab soup, pimento cheese dip, and shrimp and grits.*



SHOP

### CROGHAN'S JEWEL BOX

Whether you're looking for a unique engagement ring, costume brooch or Victorian charm to remember your time here, Croghan's Jewel Box is a veritable treasure chest of priceless wonders. The oldest family-owned jewelry store in town has been in business for more than 100 years and today boasts an incredible collection of antique estate jewelry sourced locally as well as from England and Italy.

At Croghan's, these literal hidden gems are rescued from dusty obscurity and restored to full gleaming glory. From circa-1900 French Victorian bracelets and Edwardian-style diamond crosses to Tiffany gold collars and art deco sapphire bangles, these one-of-a-kind baubles are just begging to be tried on from their velvet pedestals. The uniquely Charleston gold bug collection references an Edgar Allan Poe poem, giving cockroaches a gilded spin with charm bracelets, stud earrings and cufflinks.



### COLLEGE OF CHARLESTON SAILING LESSONS

The College of Charleston varsity sailing team trains right at the harbor marina, and visitors can learn to sail from these champs. After completing a basic keelboat course, you'll be prepared to skipper a J/22 keelboat, mastering the art of steering, tacking, jibing, and tying bowlines and clove hitches. A private beginner lesson takes just a couple hours, with a little classroom prep before donning a life jacket and heading out on the water. The vocabulary and whiteboard diagrams might seem daunting, but you'll learn quickly with hands-on instruction from the skipper.

Weeklong youth spring and summer camps are available, including a STEM camp for teens that focuses on the math, science and engineering behind sailing. And if you just want to charter a sailboat for a leisurely sunset cruise around Charleston Harbor? That can be arranged, too. ☘

DO



### FIG

One of the most coveted reservations in the Holy City, FIG was once just a humble corner bistro that's blossomed into a top U.S. culinary destination, garnering three James Beard Awards and countless other accolades. Chef/owner Mike Lata and Executive Chef Jason Stanhope serve honest, local ingredients with Southern flair. Signature dishes include chicken liver pâté, ricotta gnocchi alla bolognese, porchetta tonnato, and low-country bourride: a seafood stew with white shrimp, mussels, butter beans and Carolina Gold rice.

Service is stellar in the chic and modern dining room, as is the acclaimed wine program, which focuses on small family wineries who put as much love and care into their vinos as the chefs put into the food at FIG. Reservations are taken a month in advance and can go quickly, but the lively bar is first come, first served.

DINE

PHOTOGRAPHY PROVIDED BY LINDSEY SHORTER, CROGHAN'S JEWEL BOX AND COLLEGE OF CHARLESTON ATHLETICS

